



# Community Education and Recreation

## Summer 2022



Summer Activities for the Entire Community

# Lindbergh Schools

Community Ed and Rec

# General Information

## About Us

Lindbergh Community Ed and Recreation provides lifelong learning and recreation opportunities to all residents and community members. Our programs strive to develop an atmosphere that emphasizes learning, teamwork, sportsmanship, resiliency, and enthusiasm

Programs are available to all area residents. Some before/after-school enrichment and school-age care programs may be limited to attending students.

## In-Person Programs

Programs will follow health guidelines from the CDC and St. Louis County Public Health Department.

## Virtual Learning

Participants must provide their own technology and equipment to help facilitate these activities. Internet access is required, as we will be using web-based platforms, such as Zoom. Instructors will email links and any further info needed prior to the start of class.

## Address

Lindbergh Community Ed and Rec  
9011 Robyn Rd.  
St. Louis, MO 63126

## Email

communityed.rec@lindberghschools.ws

## Phone

314-729-2400

## Website

go.lindberghschools.ws/commedandrec

## Social Media

Facebook: LindberghCommEdandRec  
Instagram: @lindberghcommedandrec  
Twitter: @edandrecflyers

## Field and Facility Hotline

314-729-2400, ext. 7553

## Online Registration System

Lindbergh Community Ed and Rec uses Eleyo for all online registrations. First-time users will need to create a Eleyo account for online registration with a valid email or using your Facebook or Google account to sign-in.

### Follow the steps below to create your account:

1. Visit [lindberghschools.ce.eleyo.com](http://lindberghschools.ce.eleyo.com)
2. Select the "Sign In" link
3. Select "Create one now" to set-up your new account, or use your Facebook or Google account to sign-in and create an account.
4. Complete required information
5. Select "Create Account"
6. Add family members and relationships
7. Register for programs!

## Cancellations, Refunds

There will be no refunds 7 business days prior to the start of class or after, unless the individual experiences a medical problem that prohibits participation. If a medical problem exist, upon presentation of a doctor's note, the refund amount will be prorated based on the number of sessions attended, less any supplies fee. Cancellations prior to 7 business will receive a refund, minus any supplies fee, however this may not apply to all programs or sports leagues. Community Ed and Rec reserves the right to cancel a program, in which case full refunds will be issued. We follow the Lindbergh Schools inclement weather policy.

## Financial Assistance

Partial fee assistance for some programs may be available for attending Lindbergh students only. If you have a student who qualifies for free or reduced lunch through Lindbergh Schools, you may be eligible. Fee assistance can only be applied at the time of registration and cannot be retroactive. Some programs and items may be excluded. Please contact our office at [communityed.rec@lindberghschools.ws](mailto:communityed.rec@lindberghschools.ws) with your name, child's name, grade, and attending school.

## Medical Insurance

Medical insurance is the responsibility of program participants.



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# Summer-at-a-Glance

Program	Day	Time	Location	Week of Jun 6	Week of Jun 13
All summer programs are for the grade students will enter in the fall of the 2022-23 school year					
<b>Full-Day Camps</b>					
Camp Flyers Club: Grades 1-6	M-F	6:30 a.m.-6 p.m.	Dressel	*	*
Camp Ignite: Grades 2-6	M-TH	9 a.m.-3:30 p.m.	Dressel		
Camp Innovate: Grades 6-9	M-TH	8:30 a.m.-3 p.m.	Truman		
Crayola® Wild World: Grades 1-5	M-TH	9 a.m.-3 p.m.	Dressel		*
Gymnastics Camp: Ages 5-14*	TU-F	9 a.m.-3:30 p.m.	ECE West	*May 31-June 3	
Gymnastics Camp: Ages 5-14	M-F	9 a.m.-3:30 p.m.	ECE West		
Competitive Gymnastics Camp: Ages 6-14	M-F	9 a.m.-3:30 p.m.	ECE West	*	
Jr Cheerleading Camp: Ages 5-14	M-F	9 a.m.-3:30 p.m.	ECE West		
Little Vet School for Dogs/Cats: Grades 1-6	M-TH	9 a.m.-3:30 p.m.	Dressel		*
Mad Science Mad Inventors: Grades 2-5	M-TH	9 a.m.-3 p.m.	Dressel	*	
Mad Science Rocketry Camp: Grades 1-5	M-TH	9 a.m.-3 p.m.	Dressel		
<b>Part-Day Morning-Afternoon Camps</b>					
5-Tool Baseball Camp: Grades 1-3	TU-F	9-11 a.m.	Truman		
Abra-Kid-Abra Camps: Grades 1-6	M-TH	9 a.m.-noon	Dressel	*Levitations/Animations	*Circus Stars
Art Blazers: Grades 1-5	M-TH	9 a.m.-noon	Dressel	*	
Ballet Pre-Ballet: Ages 5-6	M-TH	9:30-10:30 a.m.	Truman		
Ballet Technique I: Ages 7-9	M-TH	<u>8:30-9:30 a.m.</u> 8:40-9:40 a.m. **	Truman	*	
Ballet Technique II: Ages 10-12	M-TH	<u>9:50-11 a.m.</u> 8:30-9:40 a.m. **	Truman		
Ballet Technique III: Ages 12+	M-TH	<u>9:40-11:20 a.m.</u> 9:50-11:30 a.m.**	Truman	*	
Bricks 4 Kidz Camps: Grades 1-6	M-TH	<u>9 a.m.-noon</u> 12:30-3:30 p.m.**	Dressel	*Mario Brothers **Pokemon...	*...Star Wars **Minecraft Bricks
Crayola® Wild World: Grades 1-5	M-TH	9 a.m.-noon	Dressel		
Chess Club Camp: Grades 1-6	M-TH	9 a.m.-noon	Dressel	*	*
Developmental Lacrosse Camp: Ages 7-14	M-TH	9 a.m.-noon	LHS		
Lacrosse Skills Camp: Ages 10-18	M-TH	9 a.m.-noon	LHS		
Gaming and Esports Camp: Grades 7-12	M-TH	9 a.m.-noon	LHS		*
Fun with Fitness: Grades 3-6	M-TH	9 a.m.-noon	Dressel	*	*
Gymnastics Camp: Ages 5-14	M-F	9 a.m.-noon	ECE West		
Hit Movie Moves: Ages 5-7	M-TH	9 a.m.-noon	Dressel		
Ignite Theatre Company Camp: Grades 1-6	M-TH	9 a.m.-noon	Dressel	*2-week camp	
Jr Cheerleading Camp: Ages 5-14	M-F	9 a.m.-noon	ECE West		*
Let's Dance!: Ages 8-12	M-TH	9 a.m.-noon	Dressel		
Little Medical School Camps: Grades 1-6	M-TH	9 a.m.-noon	Dressel		
Mad Science Camps: Grades 1-5	M-TH	<u>9 a.m.-noon</u> 12:30-3:30 p.m.**	Dressel		
Mad Science Little Green Thumb: Ages 4-5	M-TH	9 a.m.-noon	Dressel		
Outdoor Archery Adventure: Grades 3-6	M-TH	9 a.m.-noon	Sappington	*	*
Scott Gallagher Soccer Camp: Grades 1-8	M-TH	9 a.m.-noon.	Truman	*	
World of Sports: Grades 4-8	M-TH	9 a.m.-noon	Dressel		

See Table of Contents on page 3 for weekly-evening-weekend-misc. programs

# Summer-at-a-Glance

Week of Jun 20	Week of Jun 27	Week of Jul 4	Week of Jul 11	Week of Jul 18	Week of Jul 25	Week of Aug 1	Week of Aug 8
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All summer programs are for the grade students will enter in the fall of the 2022-23 school year

## Full-Day Camps

*	*	*July 5-8	*	*	*	*	*
				*			
			*				
*	*			*			
			*			*	
			*				
*							

## Part-Day Morning-Afternoon Camps

		*					
*Magic Mystery	*Rabbits/Animal Tricks		*Kids Comedy	*Magic Mystery	*Balloonatics		
	*			*			
**							
*			**				
			**				
*Sports Fanatics	*Brick City		*Mario Brothers	*Minecraft Bricks	*Super Heroes		
**Super Heroes..	**Ninjago		*				
	*				*		
*							
*							
*	*		*	*	*		
							*
	*						
							*2-week camp
*							
*Wilderness Medicine				*Vet Horse	*Med School		
	*...Explorers			*Space Alien...	*Secret Agent Lab		
	**NASA...			*			
*	*						

See Table of Contents on page 3 for weekly-evening-weekend-misc. programs





# Flyers Club



## Flyers Club Summer Camp

### Flyers Club Summer Camp: Grades 1-6

Let's make memories! Camp Flyers Club offers a fun and active summer program for elementary students. Get ready to enjoy new adventures each week with a different theme! Experience art, music, games, sports, science, and more! Each week includes a field trip or a special guest and activities. Student grade levels are based on the upcoming 2022-23 school year.

### Flyers Club Camps are held at Dressel Elementary

- i. Camp Hours are 6:30 a.m.-6 p.m.
- ii. \$19 nonrefundable application fee per student
- iii. Minimum of 2-days required per week.
- iv. Auto-draft payments required
- v. Weekly fee due on the Thursday prior to the start of camp

<b>2-Days per Week</b>	<b>\$157</b>
<b>3-Days per Week</b>	<b>\$186</b>
<b>4-Days per Week</b>	<b>\$202</b>
<b>5-Days per Week</b>	<b>\$225</b>

#### Items to Bring:

1. Lunch/Water Bottle
2. Change of clothes
3. Tennis shoes
4. Sunscreen
5. Hat/sunglasses

#### Items to Keep at Home:

1. Clothes that can't get dirty
2. Money
3. Toys/Valuable items
4. Food that needs to be heated
5. Pets

### Weekly Camp Dates/Theme

<b>Monday-Friday *Week 5 Tuesday-Friday</b>
Week 1   June 6-10   Welcome to Camp!
Week 2   June 13-17   3,2,1...Blast Off!
Week 3   June 20-24   Game On!
Week 4   June 27-July 1   Art Attack
Week 5*   July 5-8 (no camp July 4)   Once Upon a Time...
Week 6   July 11-15   Science Superstars
Week 7   July 18-22   Animal Antics
Week 8   July 25-29   Building Brigade
Week 9   August 1-5   Nature Ninjas
Week 10   August 8-12   Colors of the Rainbow

## REGISTER TODAY!

Visit us online at  
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# Flyers Club



## Flyers Club School-Age Care

### Flyers Club Before and After School-Age Care: 2022-23 School Year

Flyers Club before and after school-age care program provides students in grades K-5 with a fun, safe, and engaging program during the hours before and after school. Programs are located at all Lindbergh elementary schools, providing a familiar and convenient setting. The staff-student ratio for Flyers Club is 1:16. Student interests directs the activities in Flyers Club. Activities may include art, drama, literacy, math games, science, music and reading. Exploration of ideas and friendships with peers are encouraged by our caring Flyers Club staff team. Participation is limited to attending students only. Please note that enrollment options are subject to availability.

### Early Release Days

Flyers Club offers after care on days when the elementary schools have half days at no extra cost to students enrolled in after care. Students can attend at their school location from dismissal time until 6 p.m.

### Schools Out Camp

Flyers Club offers programming on planned days when Lindbergh Schools is not in session, for an additional fee. Care is not offered when the district closes for inclement weather or other unforeseen circumstances. Schools Out Camp information will be available in the upcoming Fall and Winter-Spring Catalogs.

### 2022-23 Before and After Care Monthly Rates

Days per Week	Both Before and After	Before Only 6:30-8:45 a.m.	After Only 3:45-6 p.m.
2	\$187	\$98	\$114
3	\$252	\$132	\$154
4	\$305	\$159	\$185
5	\$346	\$179	\$210

- I. Families are billed monthly September-May (9-payments)
- II. \$19 nonrefundable application fee per student
- III. Auto-draft payments required
- IV. Partial fee assistance is available for Lindbergh students qualifying for free and reduced lunch. Please email [communityed.rec@lindberghschools.ws](mailto:communityed.rec@lindberghschools.ws) for information



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# Enrichment



## Enrichment

### Summer Enrichment Programs

It's time for a summer of learning and fun! Summer Enrichment programs allow students to engage in a variety of activities! If you enjoy science, archery, LEGOS, art, chess, ballet, and more, then Summer Enrichment is the place for you. We work with teachers and organizations to provide classes that are engaging, educational, and fun! Spend a part of the day focusing on one interest area or mix and match during the summer to experience a variety of things. Don't forget to help out the new driver in your family, as students can complete a summer driver ed course in just 4-weeks! Adults, take some time for you this summer with an outdoor yoga class. You've earned it!

**All summer programs are for the grade students will enter in the fall of the 2022-23 school year.**

### Camp Ignite: Grades 2-6

Do you enjoy robotics, coding, and augmented reality? At Camp Ignite, we believe in the power of imagination, creativity and innovation. Our mission is to encourage STEAM learning experiences through the design and construction of physical objects. Educators will lead the activities, which have been designed to support student development, especially in the area of science. Engage in making predictions, designing, testing, revising and retesting their project designs. Explore Book Creator, Chess, Coding, Robotics, and more! Please bring a sack lunch, snacks, and water bottle.

Mon-Thu | July 18-21 | 9 a.m.-3:30 p.m. | Dressel Elem  
\$199 | Register by July 5

### Camp Innovate: Grades 6-9

Producing videos, designing projects with special printers, and solving mysteries with secret codes are just a few of the projects you will see at our Makerspace this summer. At Camp Innovate, we believe in the power of imagination, creativity, and innovation. We encourage STEAM learning experiences through the design and construction of physical objects. Explore all of the following topics throughout the day: Breakout Boxes, 3D Printer, Minecraft EDU, Green Screens, Cricut Maker, and Laser Printer. Please bring a sack lunch, snacks, and water bottle.

Mon-Thu | July 11-14 | 8:30 a.m.-3 p.m. | Truman Middle  
\$199 | Register by June 27



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# Enrichment



## Outdoor Archery Adventure: Grades 3-6

Enjoy outdoor education activities and archery! Build tents, have a fishing derby, participate in orienteering, play yard games and practice archery. Learn about camping safety and how to be a responsible hunter and/or camper. Camp will move indoors for inclement weather. Taught by PE teachers Mary Driemeyer and Scott Mulvaney.

Mon-Thu | June 6-9 | 9 a.m.-noon | Sappington Elem  
\$144 | Register by May 30

Mon-Thu | June 13-16 | 9 a.m.-noon | Sappington Elem  
\$144 | Register by June 6

## World of Sports: Grades 4-8

Just want to play sports? This program will allow you to experience a wide variety of sports, such as basketball, soccer, floor hockey, and dodgeball!

Mon-Thu | June 20-23 | 9 a.m.-noon | Dressel Elem  
\$144 | Register by June 13

Mon-Thu | June 27-30 | 9 a.m.-noon | Dressel Elem  
\$144 | Register by June 20



## Fun with Fitness: Grades 3-6

We want to pump you up! Join this fun time filled with a variety of fitness activities that will provide students with a continuation and extension of the physical education class by striving to develop students' personal fitness and skills related abilities. This half day camp will reinforce the understanding and application of fitness concepts and motor skills through a variety of games and activities. Taught by PE teacher Allie Libby

Mon-Thu | June 6-9 | 9 a.m.-noon | Dressel Elem  
\$144 | Register by May 30

Mon-Thu | June 13-16 | 9 a.m.-noon | Dressel Elem  
\$144 | Register by June 6

Mon-Thu | June 20-23 | 9 a.m.-noon | Dressel Elem  
\$144 | Register by June 13

Mon-Thu | June 27-30 | 9 a.m.-noon | Dressel Elem  
\$144 | Register by June 20

Mon-Thu | July 11-14 | 9 a.m.-noon | Dressel Elem  
\$144 | Register by July 5

Mon-Thu | July 18-21 | 9 a.m.-noon | Dressel Elem  
\$144 | Register by July 11

Mon-Thu | July 25-28 | 9 a.m.-noon | Dressel Elem  
\$144 | Register by July 18



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# Enrichment



## Pre-Ballet: Ages 5-6

Discover the art of storytelling through ballet as we journey through magical lands and dance with fairies and swans. No prior dance experience needed. Please bring a towel and water bottle to class. Dance attire is welcome, but not required. Wear socks if you do not have ballet slippers.

Mon-Thu | June 27-30 | 9:30-10:30 a.m. | Truman Middle  
\$59 | Register by June 20

Mon-Thu | July 18-21 | 9:30-10:30 a.m. | Truman Middle  
\$59 | Register by July 11

## Ballet Technique I: Ages 7-9

Engage and focus on the foundations of ballet and basic movement vocabulary. Students will be introduced to balletic mime and learn simple choreography. Older beginner students in elementary may take this class.

Mon-Thu | June 6-9 | 8:30-9:30 a.m. | Truman Middle  
\$59 | Register by May 30

Mon-Thu | June 20-23 | 8:40-9:40 a.m. | Truman Middle  
\$59 | Register by June 13

## Teach with Us!

Do you have a special skill, talent, or knowledge you wish to share? Then teach with us! Email us at [communityed.rec@lindberghschools.ws](mailto:communityed.rec@lindberghschools.ws) if you're interested.



## Ballet Technique II: Ages 10-12

Students enrolling should have at least 2 years of ballet experience and have mastered basic dance skills, musical concepts and key movement vocabulary used in ballet. Character dance, a theatrical representation of European folk dances found in ballets, will be included. Character shoes not required. Middle school beginners may take this class.

Mon-Thu | June 20-23 | 9:50-11 a.m. | Truman Middle  
\$62 | Register by June 13

Mon-Thu | July 11-14 | 8:30-9:40 a.m. | Truman Middle  
\$62 | Register by July 4

## Ballet Technique III: Ages 12+

Students registering for this class must have an extensive understanding of intermediate to advanced dance technique and concepts and have had at least 4 years of ballet training. Dancers are expected to recall previous learning and apply their knowledge to new material. The class will learn a classical variation. Dancers who are already on pointe must bring their shoes to class.

Mon-Thu | June 6-9 | 9:40-11:20 a.m. | Truman Middle  
\$79 | Register by May 30

Mon-Thu | July 11-14 | 9:50-11:30 a.m. | Truman Middle  
\$79 | Register by July 5



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# Enrichment



## Galaxy Far Away (Star Wars): Grades 1-6

Join us for an adventurous journey through space! Build the Redstone Rocket to blast through the atmosphere into a realm that is truly out of this world. Build lots of motorized Star Wars models for both the Rebel forces and the Dark side. Come experience this stellar journey to a galaxy far away! Offered in partnership with Bricks 4 Kidz.

Mon-Thu | June 13-16 | 9 a.m.-noon | Dressel Elem  
\$154 | Register by June 6

## Mario Brothers : Grades 1-6

Themes such as Super Mario Bros, Roblox, Beyblades, Pokémon, and Minecraft come to life through the use of our robots, mosaics, and 3D art, all made out of LEGO® Bricks. Don't forget classic Nintendo and SEGA themes such as Zelda, Duck Hunt, Pacman, and Sonic the Hedgehog! Each day will be a new adventure as the virtual and LEGO® worlds combine! Offered in partnership with Bricks 4 Kidz.

Mon-Thu | June 6-9 | 9 a.m.-noon | Dressel Elem  
\$154 | Register by May 30

Mon-Thu | July 11-14 | 9 a.m.-noon | Dressel Elem  
\$154 | Register by July 5

## Minecraft Bricks: Grades 1-6

Enjoy a week of building Minecraft characters with LEGO bricks, amateur LEGO robotic motorized builds, and playing the real Minecraft computer game. No experience necessary. Two great things that go great together - Minecraft and LEGO bricks! Offered in partnership with Bricks 4 Kidz.

Mon-Thu | June 13-16 | 12:30-3:30 p.m. | Dressel Elem  
\$154 | Register by June 6

Mon-Thu | July 18-21 | 9 a.m.-noon | Dressel Elem  
\$154 | Register by July 11

## Pokemon-Pocket Brick Monsters: Grades 1-6

Get ready for an adventure in the world of Pokémon®! Capture wild Pokémon® creatures and train them for battle. Tap into your inner engineer as we build Dratini, Pikachu, Poké Balls, and more. Show off your skills as you battle for power in your journey through the Pokémon® universe. Do you have what it takes to become a Pokémon® Master? Offered in partnership with Bricks 4 Kidz.

Mon-Thu | June 6-9 | 12:30-3:30 p.m. | Dressel Elem  
\$154 | Register by May 30

## Sports Fanatics-Play Ball: Grades 1-6

LEGO® Brick ball, that is! Our all-star Master Builder campers will use LEGO® Bricks to create robotic athletes such as soccer players that shoot, hockey skaters that skate, gymnasts that tumble, and more! Campers also create their favorite sports team's logos and players, all out of LEGO® Bricks. Whether it's college football, the Olympics, cheerleading, or professional hockey, campers will love all that is in store for them. Offered in partnership with Bricks 4

Mon-Thu | June 20-23 | 9 a.m.-noon | Dressel Elem  
\$154 | Register by June 13



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## Super Heroes/Avengers/Batman: Grades 1-6

Join Bricks 4 Kidz for a week building Super Heroes and Avengers with LEGO® bricks. Create a fantasy world and protect it against all the evil arch enemies with custom contraptions made with LEGO® bricks. Offered in partnership with Bricks 4 Kidz.

Mon-Thu | June 20-23 | 12:30-3:30 p.m. | Dressel Elem  
\$154 | Register by June 13

Mon-Thu | July 25-28 | 9 a.m.-noon | Dressel Elem  
\$154 | Register by July 18

## Brick City: Grades 1-6

Let's build a CITY! What would a city be without the architects and engineers who come up with the ideas, plans and building skills for cities and make it all come together? Campers will put their engineering and architecture skills to work as they build city themed models using LEGO® Bricks. Campers have a blast using custom-built cars to move the people of the city around town! Offered in partnership with Bricks 4 Kidz.

Mon-Thu | June 27-30 | 9 a.m.-noon | Dressel Elem  
\$154 | Register by June 20

## Ninjago : Grades 1-6

ARE YOU A BRAVE NINJA? Builders will be transported to a world filled with brave ninja's, mythical dragons and giant serpents. Build your mini figures and enter the battles! This camp is filled with NINJAGO games and challenges. Offered in partnership with Bricks 4 Kidz.

Mon-Thu | June 27-30 | 12:30-3:30 p.m. | Dressel Elem  
\$154 | Register by June 20



## Mad Inventors: Grades 2-5

Creative Contraption Warning! This is a camp designed by you-the Inventor! Each day you'll be given a series of challenges which must be overcome using basic materials, simple machines, tips from world famous inventors and the most important thing of all-your mind. With a little bit of ingenuity, you'll construct catapults and forts and then lay siege, fabricate a winning egg drop design, construct a dancing robot and assemble a working lightsaber to take home. While Thomas Edison said invention is 10% inspiration and 90% perspiration, this camp is 100% fun! Please bring a sack lunch, snacks, and water bottle.

Offered in partnership with Mad Science of St. Louis.

Mon-Thu | June 6-9 | 9 a.m.-3 p.m. | Dressel Elem  
\$239 | Register by May 31

## Rocketry Camp: Grades 1-5

This action-packed week will focus on rockets and the physics of rocket flight. After learning the model rocket safety code, campers will build different types of rockets and do rocket launches. Students will be divided into 3 groups: altitude trackers, launch preparers, and launchers, but will get the opportunity to try different roles. Please bring a sack lunch, snacks, and water bottle. Offered in partnership with Mad Science of St. Louis.

Mon-Thu | June 20-23 | 9 a.m.-3 p.m. | Dressel Elem  
\$239 | Register by June 13



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## Underground Explorers: Grades 1-5

Learn about archaeology and the techniques scientists use to excavate long lost cities! Discover ancient civilizations including the tools and artifacts they used in everyday life! Study bone fragments, pottery shards, amber deposits, and fossils. Each class includes a make and take-home project, like a fossil reproduction, an amber time capsule, and coins from around the world! Offered in partnership with Mad Science of St. Louis.

Mon-Thu | June 27-30 | 9 a.m.-noon | Dressel Elem  
\$179 | Register by June 20



## NASA-Journey into Outer Space: Grades 1-5

From our Earth's atmosphere to the outer reaches of our solar system, this hands-on camp sends students on a quest for exploration! Comets, planets, stars and more are all waiting to be discovered. Learn about the four forces of flight, the challenges of space travel, and the amazing objects in our solar system! Offered in partnership with Mad Science of St. Louis.

Mon-Thu | June 27-30 | 12:30-3:30 p.m. | Dressel Elem  
\$179 | Register by June 20

## Space Alien Travelers: Grades 1-5

Discover how to send secret messages using special codes, explore the environment, and find out how science can help us to protect our planet. Junior Mad Scientists will learn how Newton's laws work in their favorite sports and join the ranks of space scientists examining the mysteries of the solar system! Offered in partnership with Mad Science of St. Louis.

Mon-Thu | July 18-21 | 9 a.m.-noon | Dressel Elem  
\$179 | Register by July 11

## Little Green Thumb: Ages 4-5

Give your preschooler a green thumb without using paint! Campers will learn about plants by dissecting seeds, making leaf rubbings, and creating frameable fruit and veggie prints. Learn what types of weather are vital for a healthy garden. Put on a Bee-utiful Bug Costume and flutter around as you learn about one of a flower's favorite pollinators! Come see what the buzz is all about! Offered in partnership with Mad Science of St. Louis.

Mon-Thu | July 18-21 | 9 a.m.-noon | Dressel Elem  
\$179 | Register by July 11

## Secret Agent Lab: Grades 1-5

Do not read this camp description. It is classified as Top Secret! Ever dream of becoming a secret agent? From decoding messages to metal detectors, and night vision, campers get to check out spy tech equipment and take home lots of gadgets like spy glasses! Step into the shoes of a detective as you uncover the science used in evidence gathering and analysis! Figure out the science of forensics with a hands-on look at crime scenes! Become a super spy by learning clever ways to investigate the science that spies use! Offered in partnership with Mad Science of St. Louis.

Mon-Thu | July 25-28 | 9 a.m.-noon | Dressel Elem  
\$179 | Register by July 18



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## Art Blazers: Grades 1-5

Discover inspiring masterpieces and the artists who have changed art and the world- from Frida Kahlo's self-portraits to Keith Haring's street art. Experiment with different art techniques and use Crayola art materials to express creative ideas. Design a unique, artist-inspired creation each day. Create the change and art that you want to see in the world! Offered in partnership with Crayola® Imagine Arts Academy™ of St. Louis

Mon-Thu | June 6-9 | 9 a.m.-noon | Dressel Elem  
\$179 | Register by May 30

## Crayola® Wild World: Grades 1-5

Are you ready for an art expedition? Let the wonder and beauty of the animal kingdom inspire your empathy, curiosity, and creativity. Learn about lions, elephants, sharks and more. Find out how wildlife conservationists are working to protect species around the globe. Experiment with a variety of art techniques and use Crayola products to create animal-inspired art projects, from frog paintings to polar bear sculptures! Let your creativity run wild and bring your handiwork home to build a menagerie of animal-themed masterpieces. For the full-day camp section, please bring a sack lunch, snacks, and water bottle. Offered in partnership with Crayola® Imagine Arts Academy™ of St. Louis

Mon-Thu | June 13-16 | 9 a.m.-3 p.m. | Dressel Elem  
\$239 | Register by June 6

Mon-Thu | July 11-14 | 9 a.m.-noon | Dressel Elem  
\$179 | Register by July 4

## Let's Dance!: Ages 8-12

Dance with professionals from STL Rhythm Collaborative! Get an intro to dance techniques in jazz dance and hip hop while incorporating basic elements of ballet and tap. Dance leaders take students through a warm-up and stretching techniques, plus the process of collaboration to create choreography. Study dance performance clips by a variety of pro dance companies and create some of your own props for routines. Please wear comfortable clothing and sneakers. Dance shoes may be worn, but not required. No dance experience required. Offered in partnership with STL Rhythm Collaborative.

Mon-Thu | June 20-23 | 9 a.m.-noon | Dressel Elem  
\$199 | Register by June 13

## Hit Movie Moves: Ages 5-7

STL Rhythm Collaborative's professional dancers will lead you on a journey to explore movement from some of our favorite films, such as Moana and Encanto. Start each class with a warm-up and stretching, followed with basic dance techniques and the chance to explore your own movement through guided activities. View clips from hit films, learn elements of choreography, and create some of your own props. Please wear comfortable clothing and sneakers. Dance shoes may be worn, but not required. No previous dance experience needed. Offered in partnership with STL Rhythm Collaborative.

Mon-Thu | June 27-30 | 9 a.m.-noon | Dressel Elem  
\$199 | Register by June 20



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# Enrichment



## Levitations & Animations Camp: Grades 1-6

Levitate a person! Cause a dollar to fold 3 times by itself! Float a spoon right off the table! These are just a few of the tricks you'll learn this camp! You'll get your own magic box to perform new tricks to show your family! Plus, you'll learn comedy skits, balloon art, magic puzzles, and more! Camp culminates with putting on a show for families. Offered in partnership with Abra-Kid-Abra.

Mon-Thu | June 6-9 | 9 a.m.-noon | Dressel Elem  
\$119 | Register by May 30

## Circus Stars Camp: Grades 1-6

Walk on stilts! Ride a mini-bike! Balance on a rolla bolla board! These are some of the skills you'll learn in camp! Learn juggling, plate spinning, clown acts, animal balloons, and more! Plus, we are introducing some new juggling and balancing skills this year! Camp culminates with the students performing an amazing circus for their family and friends! Offered in partnership with Abra-Kid-Abra.

Mon-Thu | June 13-16 | 9 a.m.-noon | Dressel Elem  
\$119 | Register by June 6

## Magic Mystery Camp: Grades 1-6

What do you get when combining theater and magic? Magical Mystery Camp! Learn new magic tricks each day and put on a show! Weave your tricks into a mystery show that you create and perform on the last day for families! Work on character development, acting, and improv. Offered in partnership with Abra-Kid-Abra.

Mon-Thu | June 20-23 | 9 a.m.-noon | Dressel Elem  
\$119 | Register by June 13

Mon-Thu | July 18-21 | 9 a.m.-noon | Dressel Elem  
\$119 | Register by July 11

## Pulling Rabbits out of Hats & Animal Tricks: Grades 1-6

Vanish an elephant! Change a person into a rabbit! Magically produce a 6' high palm tree! These are just a few of the fun tricks you'll learn in Abra-Kid-Abra's new magic camp! Get your own magic box to perform new tricks each day! Learn comedy magic skits, balloon twisting, magic puzzles, more! Camp culminates with putting on a show for families. We will not use real animals. Offered in partnership with Abra-Kid-Abra.

Mon-Thu | June 27-30 | 9 a.m.-noon | Dressel Elem  
\$119 | Register by June 20

## Kids Comedy Camp: Grades 1-6

Funny how much fun you can have when you're learning to be funny! Learn comedy by doing! Master the secrets of stand-up, sketch, and improv comedy. Take home a new gag each day- rubber chickens, squirt rings, gag glasses, and more! Perform a new comedy for your family each night! Camp ends with a comedy show for family and friends. Offered in partnership with Abra-Kid-Abra.

Mon-Thu | July 11-14 | 9 a.m.-noon | Dressel Elem  
\$119 | Register by July 5

## Balloonatics Camp: Grades 1-6

Get ready for an exciting balloon bash! Create balloon animals, spin out with UFO balloons, and make a balloon helicopter that flies! Take home a different novelty balloon each day, such as a race car, rocket, and more! Camp concludes within a balloon twist jam for families. Come join the fun in this unique and creative camp! Offered in partnership with Abra-Kid-Abra.

Mon-Thu | July 25-28 | 9 a.m.-noon | Dressel Elem  
\$119 | Register by July 18



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## Little Veterinarian Horse Camp: Grades 1-6

Biting at the bit to learn more about horses? The equine camp is for you! Become a vet for a week and learn all about the care and maintenance of a horse. Take an oath and use real medical tools to keep your newly adopted horse happy and healthy. After learning about horse anatomy, riding styles, and nutrition you can ride into the sunset with your diploma. Giddyup! Offered in partnership with Little Medical School®.

Mon-Thu | July 18-21 | 9 a.m.-noon | Dressel Elem  
\$179 | Register by July 11

## Little Vet School for Dogs & Cats: Grades 1-6

Every dog and cat needs a friend! Role-play the key duties of a veterinarian and learn how to care for dogs and cats. Future veterinarians will learn how to give a nose to tail exam, suture lacerations, give immunizations, discover elements that make up cat's blood, remove ticks from a dog, read an x-ray, explore digestion and understand dog/cat body language. Please bring a sack lunch, snacks, and water bottle. Offered in partnership with Little Medical School®.

Mon-Thu | June 13-16 | 9 a.m.-3:30 p.m. | Dressel Elem  
\$299 | Register by June 6

## Little Medical School Camp: Grades 1-6

Get ready to enjoy science, healthcare, and the exciting world of medicine to in a creative, fun and interactive way! Students receive their white lab coat and learn to use real medical instruments including a reflex hammer, blood pressure cuff, and their own stethoscope. Explore how the incredible heart, lungs, and digestive system work and how to keep them healthy. Become a surgeon for the day and learn to suture and tie knots. On the last day, we will have a LMS graduation ceremony with fellow campers, inspired to become tomorrow's healthcare heroes. Offered in partnership with Little Medical School®.

Mon-Thu | July 25-28 | 9 a.m.-noon | Dressel Elem  
\$179 | Register by July 18

## Wilderness Medicine Camp: Grades 1-6

Conquer the great outdoors! Role play emergency scenarios in the wild and learn how to prepare for natural disasters. Future emergency medics will learn about snake bites, hypothermia, tourniquets, poisonous plants, edible plants, distress signals, forest fires, tornadoes, storms, mosquito bites, and water safety. Offered in partnership with Little Medical School®.

Mon-Thu | June 20-23 | 9 a.m.-noon | Dressel Elem  
\$179 | Register by June 13



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## Saint Louis Chess Club Camps: Grades 1-6

Chess camps are the perfect way for new players to learn the game, or for established players to deepen their understanding of the game. Aspiring top tier players can take on some intensive instruction. Trained chess club instructors provide daily lessons, puzzles, and play to help guide students through each lesson. Instruction offers a solid foundation, emphasizing the fundamental skills needed to begin a lifetime of learning in chess including: proper piece and board set-up, algebraic notation (chess language), and principles of play. Offered in partnership with the Saint Louis Chess Club.

Mon-Thu | June 6-9 | 9 a.m.-noon | Dressel Elem  
\$199 | Register by May 30

Mon-Thu | June 13-16 | 9 a.m.-noon | Dressel Elem  
\$199 | Register by June 6

Mon-Thu | June 27-30 | 9 a.m.-noon | Dressel Elem  
\$199 | Register by June 20

Mon-Thu | July 25-28 | 9 a.m.-noon | Dressel Elem  
\$199 | Register by July 18



## Ignite Theatre Company Camp: Grades 1-6

This magical camp will leave you enchanted! Land your spot in this two-week musical theatre intensive. Learn from ignite teaching artists in musical theatre dance, voice, and performance technique, while having lots of fun! Performers learn about audition and callback techniques on day one, and you'll be assigned roles for a final performance that will include songs from Disney's Frozen, Encanto, Moana, and more! Offered in partnership with Ignite Theatre Company.

Mon-Thu | June 6-16 | 9 a.m.-noon | Dressel Elem  
\$290 | Register by May 31

Mon-Thu | July 18-28 | 9 a.m.-noon | Dressel Elem  
\$290 | Register by July 11



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## Driver Education Hybrid Course

**Hybrid class includes virtual learning classroom and in-person driving.**

Combines classroom instruction and behind-the-wheel experience. Learn skills related to traffic laws, vehicle dynamics and driving situations while using techniques for defensive driving.

Students must be at least 15 years of age with a valid Missouri driving permit. This is a non-credit course, but may help qualify for auto insurance discounts. Total of 3 hours of drive time and 3 hours of observation time are included. All classes are led by certified driving instructors.

Classroom portion offered online through virtual learning and will not meet in-person. The Instructor will email you prior to the start of class with links and any other info.

Drive time sign-up will take place at a later time TBD. Drive time will take place in-person and face coverings must be worn while in the vehicle, even while driving. The vehicle should be disinfected between driver changes and at the end of each use.

Tue & Thu | June 7-30 | 6-8 p.m.

\$289 | Register by May 30 | Zoom/In-person driving

Mon & Wed | June 13-July 11 | 6-8 p.m. | No class July 4

\$289 | Register by June 6 | Zoom/In-person driving

Tue & Thu | July 7-Aug 2 | 6-8 p.m.

\$289 | Register by June 27 | Zoom/In-person driving



## Yoga Flow + Stretch: Ages 17+

Move in alignment with your breath, find calm outside of stillness of the body, and discover grace in challenge. Learn asana (poses), build strength, and flexibility. Dive deep into pose, if more experienced. Extra time is spent on stretching to allow for the maximum benefit and flexibility. Class will meet outdoors. Offered in partnership with Moonbird Yoga.

Mon | June 6-July 25 | 6:30-7:30 p.m. | Truman Middle  
\$84 | Register by May 31 | No class July 4

## Yoga Flow + Move: Ages 17+

Flow and move your way to good health! Open to all levels of students, Flow + Move will allow each individual to create a fitness experience based on one's own ability. Instructor provides the guide and support to all, while encouraging growth and tapping into intuition. Class meets outdoors. Offered in partnership with Moonbird Yoga.

Wed | June 8-July 27 | 6:30-7:30 p.m. | Truman Middle  
\$84 | Register by May 31 | No class July 6



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# Gymnastics & Cheer



## Gymnastics & Cheer

All gymnastics programs are held at the Gymnastics Center (ECE West)

### Team Overview

Level 1-2 and Xcel Gymnastics teams primarily operate year-round. There are 3 registration periods for weekly practices: Fall, Winter-Spring, and Summer. Practice fees per enrollment period may vary based on the calendar. During the school year, teams typically compete in at least 5 area meets that are a separate fee. We travel to areas such as St. Charles, Poplar Bluff, Farmington and other area AAU sanctioned meets. Competition apparel is required to be purchased at the beginning of the fall season for a separate fee. Payment plans are available.

### Tryouts- Pre-Team & Team: Ages 5+

Sun | Apr 24 | 12-1:30 p.m. | \$10 | Register by Apr 11

Sun | Apr 24 | 2-3:30 p.m. | \$10 | Register by Apr 11

### Pre-Team Gymnastics: Ages 5+

For gymnast with a strong foundation of skills. Acquire competition routines and skills needed to join our team. Learn what it takes to become a Lindbergh Flyers Gymnast!

Wed | June 1-Aug 3 | 5:30-6:45 p.m.

\$95 | Register by May 24

No practice June 8, 27

Mon | June 13-Aug 1 | 5:30-6:45 p.m. | No July 4, 25

\$85 | Register by May 24

No practice July 4, 25

### Level 1 & 2 Team: Ages 5+ (Tryout Required)

Level 1 and 2 teams are competing teams for gymnasts with 75% or more of the required skills in the routines, or gymnasts that have completed Pre-team with excellence. Learn more about the sport, build on skills, and gain confidence through competitive gymnastics!

Mon & Wed | June 1-Aug 3 | 7-8:30 p.m.

\$189 | Register by May 24

No practice June 6, 8, July 4, 6, 25, 27

### Xcel Silver & Gold Team: 6+ (Tryout Required)

Competing team with free form level of gymnastics providing variety of skills to choose from and the ability to create a unique routine. For girls with 75% or more of the required skills in the routines. Increase knowledge of the sport, build skills, and gain confidence through competitive gymnastics!

Tue & Thu | May 31-Aug 4

Silver (4:30-6:30 p.m.) | Gold (6:30-8:30 p.m.)

\$219 | Register by May 24

No practice June 7, 9, July 5, 7, 26, 28



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# Gymnastics & Cheer

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## Gymnastics Class Progression Flow Chart

<b>Start Here</b>	No	Yes	Class Name
Is your child between the ages of 12 and 36 months?	X	✓ →	Parent/Child Page 21
Is your child either age 3 or 4 years old?	X	✓ →	Bouncing Bears Page 21
Is your child between the ages of 5 and 14 with little to no gymnastics experience?	X	✓ →	Rolling Rhinos Page 21
Is your child between the ages of 5 and 14 with some experience, but looking to solidify the basics?	X	✓ →	Tumbling Tigers Page 21
Is your child between the ages of 5 and 14 with prior experience and can perform the basic skills?	X	✓ →	Leaping Lions Page 21
Is your child between the ages of 5 and 14 with solid fundamentals and ready to for advanced event skills?	X	✓ →	Pouncing Panthers Page 21
Are you interested in another gymnastics class not listed on this chart?	X	✓ →	Check out other gymnastics and cheer class options pages 22-23



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# Gymnastics & Cheer

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## Parent/Child Gym: Ages 1-3

You are never too young to be in the gym! Little ones will love the special gym time to play and explore. Watch your child's motor skills and confidence grow. Minimal instruction provided. Must have at least one parent/adult per child.

Tue | June 7-July 19 | 3:45-4:15 p.m. | No class July 5  
\$44 | Register by May 28

## Bouncing Bears: Ages 3-4

Learn and explore gymnastics through obstacle courses and games. Learn the equipment and focus on movement that helps develop coordination, balance, and body awareness. Must be potty trained prior to enrolling. Space is limited!

Mon | June 6-Aug 1 | 4-4:30 p.m. | No class July 4  
\$64 | Register by May 28

Wed | June 8-Aug 3 | 4-4:30 p.m. | No class July 6  
\$64 | Register by May 28

## Rolling Rhinos Beginner I: Ages 5-14

Get your journey started with an intro to the fundamental skills of gymnastics. Learn core skills, flexibility, strength, rolls, cartwheels, and more! Build a strong foundation at your own pace.

Ages 5-6 | Wed | June 8-Aug 3 | 5-5:50 p.m. | No class July 6  
\$99 | Register by May 28

Ages 7-14 | Wed | June 8-Aug 3 | 4:45-5:35 p.m. | No class July 6  
\$99 | Register by May 28

## Tumbling Tigers Beginner II: Ages 5-14

Solidify the fundamental skills of gymnastics! Master cartwheels, rolls, high beam, bars, and vault skills.

Ages 5-6 | Wed | June 8-Aug 3 | 6-6:50 p.m. | No class July 6  
\$99 | Register by May 28

Ages 7-14 | Tue | June 7-Aug 2 | 4:30-5:20 p.m. | No class July 5  
\$99 | Register by May 28

## Leaping Lions Intermediate I: Ages 5-14

For experienced gymnast to build on current skills, learn body awareness, and strength building. These athletes will explore the next set of skills along with further solidifying the basics.

Ages 5-6 | Mon | June 6-Aug 1 | 4:50-5:40 p.m. | No class July 4  
\$99 | Register by May 28

Ages 7-14 | Mon | June 6-Aug 1 | 5:50-6:40 p.m. | No class July 4  
\$99 | Register by May 28

## Pouncing Panthers Intermediate II: Ages 5-14

Prepare yourself for making a big jump to Pre Team. Focus on advanced skills throughout all gymnastics events.

Ages 5-6 | Tue | June 7-Aug 2 | 5:30-6:20 p.m. | No class July 5  
\$99 | Register by May 28

Ages 7-14 | Mon | June 6-Aug 1 | 5:50-6:40 p.m. | No class July 4  
\$99 | Register by May 28



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# Gymnastics & Cheer

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## Beam & Vault Clinic: Ages 5-14

Focus on beam and vault, working on skills needed for your next level. Athletes must be at a Pre-Team level or above.

Wed | May 18 | 6-8 p.m. | \$19 | Register by May 11

## Tumbling Clinic: Ages 5-14

Great for those wanting to learn or progress further in tumbling. Work on skills such as roundoffs, backbends, and more! For beginner or intermediate level athletes.

Wed | May 18 | 6-7 p.m. | \$9 | Register by May 11

Thu | May 26 | 6-7 p.m. | \$9 | Register by May 11

## Adv. Tumbling Clinic: Ages 5-14

If you are wanting to build onto your tumbling talents, you will love this clinic. Spend time focusing on more advanced skills, such as handsprings and tucks. For gymnasts pre-team level or above.

Thu | May 19 | 6-8 p.m. | \$19 | Register by May 11

Thu | May 26 | 6-8 p.m. | \$19 | Register by May 11

## Bars Clinic: Ages 5-14

Achieve the skills needed to move up a level or develop new skills, while having a fun time!. Athletes must be a pre-team level or above.

Wed | May 25 | 6-8 p.m. | \$19 | Register by May 11

## Trampoline & Tumbling: Ages 7-14

Master a back handspring, or add to your skills on floor! Move at your own pace. There is no limit on skills to learn!

Thu | June 9-Aug 4 | 4-4:30 p.m. | No class July 7  
\$59 | Register by May 28

## Boys Gym Time: Ages 6-14

For Learn core skills, flexibility, strength, round offs, and more! Build a strong foundation at your own pace. We will use floor, beam, trampoline, and bars.

Tue | June 7-Aug 2 | 4-4:50 p.m. | No class July 5  
\$99 | Register by May 28

## Pre-Summer Mini Camp: Ages 5-14

This Camp will allow gymnast to get extra practice right before Summer. It will be fast paced, but still focusing on all 4 events: beam, bars, floor, and vault!

Tue | May 17 | 5-8 p.m. | \$39 | Register by May 11

Tue | May 24 | 5-8 p.m. | \$39 | Register by May 11



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# Gymnastics & Cheer

All gymnastics programs are held at the Gymnastics Center (ECE West)

## Gymnastics Camp: Ages 5-14

Perfect for those wanting all things gymnastics! Build a strong foundation of the sport and move at a comfortable pace. Great for both beginner and experienced levels. Learn core skills, flexibility, rolls, cartwheels, pullovers, and more. Athletes will work on all equipment including floor, bars, beam, vault, and trampoline. Camper must bring a sack lunch (no refrigeration available), 2 snacks, and water bottle. Camp may go outside, so please pack sunscreen.

Tue-Fri | May 31-June 3 | 9 a.m.-3:30 p.m.

\$169 | Register by May 24

Mon-Fri | June 20-24 | 9 a.m.-3:30 p.m.

\$199 | Register by June 13

Mon-Fri | June 27-July 1 | 9 a.m.-3:30 p.m.

\$199 | Register by June 20

Mon-Fri | July 18-22 | 9 a.m.-3:30 p.m.

\$199 | Register by July 11

Mon-Fri | Aug 1-5 | 9 a.m.-noon

\$109 | Register by July 25



## Jr Cheerleading Camp: Ages 5-14

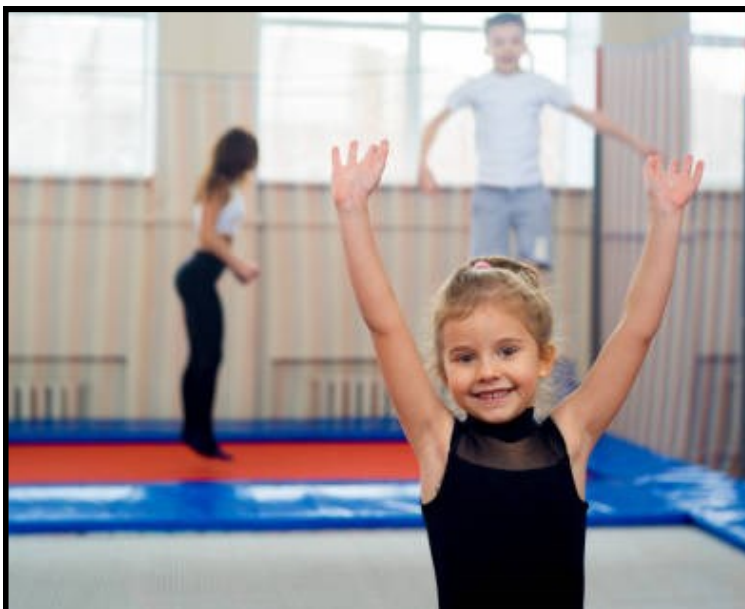
Cheerleading teaches athletes about leadership, teamwork, and also helps build confidence. Learn motions, jumps, chants, and cheers. Plus, work on skills such as tumbling, conditioning, and stunting. Camper must bring a sack lunch (no refrigeration available), 2 snacks, and water bottle. Camp may go outside, so please pack sunscreen.

Mon-Fri | June 13-17 | 9 a.m.-noon

\$109 | Register by June 6

Mon-Fri | July 11-15 | 9 a.m.-3:30 p.m.

\$199 | Register by July 4



## Competitive Gymnastics Camp: Ages 6-14

Perfect for those currently on a gymnastics team or those with gymnastics team experience. Spend the week on perfecting your skills and pushing your limits. Camp will be fast-paced, but still allow plenty of time to work on your craft in many areas of gymnastics such as floor, bars, beam, vault, and trampoline. Camper must bring a sack lunch (no refrigeration available), 2 snacks, and water bottle. Camp may go outside, so please pack sunscreen.

Mon-Fri | June 6-10 | 9 a.m.-3:30 p.m.

\$199 | Register by May 30

Mon-Fri | July 25-29 | 9 a.m.-3:30 p.m.

\$199 | Register by July 18



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# Sports



## Sports

### Baseball League-Machine Pitch: Grades 1-6\*

Let's play ball! Develop your skills and knowledge of the game in a team setting. Once a week practice in the evening and an 8 game schedule. Bring own glove and water bottle. Depending on the number of registrations, grade levels may be combined and/or coed. Volunteer coaches needed.

\*Placement for summer is based on student's grade for the 2022-23 school year.

Projected divisions by grades are: 1-2, 3-4, 5-6

Practice Begins: Week of May 30

Games Begin: June 10-11 (Fri & Sat)

Held at Truman Middle

\$99 | Register by May 15

\$114 after May 15, only if space is available

### 5-Tool Baseball Camp: Grades 1-3

Enhance your all-around play through a variety of exercises, while keeping focus on fundamental skills development.

Take your baserunning, throwing, fielding, hitting, and team play to another level. Led by area Varsity Baseball coaches.

Tue-Fri | July 5-8 | 9-11-a.m. | Truman Middle

\$149 | Register by June 26

### Tee Ball: Ages 3-5

Learn the fundamentals of the game in a fun, team setting! Each week will be divided into instructional practice and game/scrimmage time. T-shirt included. Bring own glove and water bottle. Volunteer assistant coaches needed.

Ages 4-5 | Sat | June 4-July 16 | 9-9:50 a.m.

\$79 | Register by May 15 | Truman Middle | No class July 2

Ages 4-5 | Mon | June 6-July 18 | 6:40-7:30 p.m.

\$79 | Register by May 15 | Truman Middle | No class July 4

Age 3 | Mon | June 6-July 18 | 6-6:30 p.m.

\$74 | Register by May 15 | Truman Middle | No class July 4

### All-Star Baseball & Softball Clinics: Grades 1-8

Improve your skills and love for the game! Work on using proper technique in base running, throwing, fielding, hitting, and team play. Bring own glove and water bottle. Offered in partnership with All Star Performance Training Center

Grades 1-4 | Sun | June 5-July 24 | 5-6 p.m.

\$89 | Register by May 26 | No class July 3 | Truman Middle

Grades 5-8 | Sun | June 5-July 24 | 6-7 p.m.

\$89 | Register by May 26 | No class July 3 | Truman Middle



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## Youth Tennis Classes

Ace your game! Levels designed with USTA to offer players the chance to develop needed skills. Please bring own racket. Offered in partnership with Vetta Sunset Tennis Center.

**All tennis classes are held at Sunset Tennis Center, 10911 Gravois Industrial Ct., Saint Louis, Mo 63128**

### Red Ball 1 & 2: Ages 4-8

Learn basic stroke fundamentals and rules of the game. Players with tennis experience should enroll in Red Ball 2.

Red 1 | Fri | June 3-July 8 | 8-8:45 a.m.  
\$124 | Register by May 30

Red 1 | Fri | July 15-Aug 19 | 8-8:45 a.m.  
\$124 | Register by July 8

Red 2 | Fri | June 3-July 8 | 8:45-9:30 a.m.  
\$124 | Register by May 30

Red 2 | Fri | July 15-Aug 19 | 8:45-9:30 a.m.  
\$124 | Register by July 8

### Orange Ball 1 & 2: Ages 5-9

Build skills with emphasis on live play and score keeping. Players with tennis experience should enroll in Orange Ball 2

Orange 1 | Fri | June 3-July 8 | 8-8:45 a.m.  
\$124 | Register by May 30

Orange 1 | Fri | July 15-Aug 19 | 8-8:45 a.m.  
\$124 | Register by July 8

Orange 2 | Fri | June 3-July 8 | 8:45-9:30 a.m.  
\$124 | Register by May 30

Orange 2 | Fri | July 15-Aug 19 | 8:45-9:30 a.m.  
\$124 | Register by July 8



### Developmental 1 & 2: Ages 10-17

Learn the game and basic strokes. Advanced players will work on playing skills, strategy, and scoring. Players with tennis experience should enroll in Developmental 2

Dev 1 | Fri | June 3-July 8 | 9:30-10:30 a.m.  
\$149 | Register by May 30

Dev 1 | Fri | July 15-Aug 19 | 9:30-10:30 a.m.  
\$149 | Register by July 8

Dev 2 | Fri | June 3-July 8 | 9:30-10:30 a.m.  
\$149 | Register by May 30

Dev 2 | Fri | July 15-Aug 19 | 9:30-10:30 a.m.  
\$149 | Register by July 8

### Teach with Us!

Do you have a special skill, talent, or knowledge you wish to share? Then teach with us! Email us at [communityed.rec@lindberghschools.ws](mailto:communityed.rec@lindberghschools.ws) if you're interested.



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## Youth Wrestling w/Finney's: Ages 5-13

Coed wrestling program focuses on freestyle and folkstyle wrestling to increase skills for competitions. Taught by wrestlers who have completed at all levels of competition. Designed to teach fundamentals that will increase the success of your season. Please wear wrestling shoes.

**Youth Wrestling is held at Finney's All N 1 Fitness,  
9744 Watson Rd., Crestwood, MO 63126**

Tue & Thu | July 7-Aug 30 | 4:25-5:25 p.m.  
\$199 | Register by June 30

## Youth Martial Arts w/Finney's: Ages 6-13

Learn various forms of Martial Arts and Self-Defense. Class will include boxing, kickboxing, self-defense, and wrestling techniques. Goals of this class are to teach discipline, respect, and build self-confidence. Led by a certified trainer from Finney's All N 1 Fitness and MMA.

**Youth Martial Arts is held at Finney's All N 1 Fitness,  
9744 Watson Rd., Crestwood, MO 63126**

Tue & Thu | May 24-June 16 | 4:30-5:30 p.m.  
\$99 | Register by May 17

Mon & Wed | June 1-27 | 4:30-5:30 p.m.  
\$99 | Register by May 27

Tue & Thu | June 21-July 14 | 4:30-5:30 p.m.  
\$99 | Register by June 14

Mon & Wed | June 29-July 27 | 4:30-5:30 p.m.  
\$99 | Register by June 27 | No class July 4

## Youth Athletic Training w/Finney's: Ages 6-13

Enjoy strength training and conditioning work-outs tailored to youth athletics. Complete endurance and flexibility drills, plus balance and coordination exercises. Students will also learn about overall fitness training. Led by a certified trainer from Finney's All N 1 Fitness.

**Youth Athletic Training is held at Finney's All N 1 Fitness,  
9744 Watson Rd., Crestwood, MO 63126**

Mon & Wed | June 1-July 27 | 10-11 a.m..  
\$199 | Register by May 23

Tue & Thu | June 2-July 28 | 10-11 a.m..  
\$199 | Register by May 23



## Developmental Lacrosse Camp: Ages 7-14

Perfect opportunity to learn lacrosse! For new players with no team experience looking to learn and improve skills. Camp is geared towards new lacrosse players of all ability levels. Each day features individual skill development to increase fundamentals and lacrosse IQ. We keep the kids moving and motivated through competition, games, and scrimmages. Top area coaches and players will run the camp. This is a no contact camp. Sticks only. If you do not have a stick, the camp will provide one. Offered in Partnership with Lindbergh Lacrosse, powered by Lou Fusz Lacrosse.

Mon-Thu | June 20-23 | 9 a.m.-noon | Lindbergh HS  
\$99 | Register by June 13

## Lacrosse Skills Camp: Ages 10-18

Move up the ranks! Features skill development, position coaching, scrimmages, and competition led by top area coaches and players. Camp focuses on individualized skill and position development. Small group instruction to build player's confidence and passion for the sport. Campers are split by age and experience, so they will work with others of similar ability. All boys and girls players need to supply their own equipment. Offered in Partnership with Lindbergh Lacrosse, powered by Lou Fusz Lacrosse.

Mon-Thu | June 20-23 | 9 a.m.-noon | Lindbergh HS  
\$149 | Register by June 13

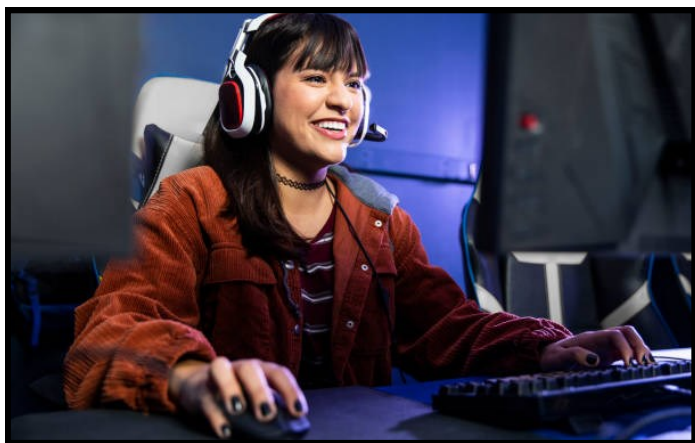


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# Sports



## Gaming and Esports Camp: Ages 10-14

Does your child love to play video games? Explore the games Lindbergh Esports teams compete in while developing skills for gaming and life. Have fun in a safe and supportive environment led by our outstanding Lindbergh Esports coaches and players. Games include Rocket League and Super Smash Bros. Students should create game accounts prior to the first day of camp and are encouraged to bring their controller and ear buds. Led by Lindbergh educator Doug Barton and the LHS Esports team.

Mon-Thu | June 13-16 | 9 a.m.-noon | Lindbergh HS  
\$149 | Register by June 6

## Scott Gallagher Soccer Camp: Grades 1-8

Take your game to the next level! Learn proper techniques, and participate in individual and team building skills. Campers will be divided by grades. Offered in partnership with St. Louis Scott Gallagher Soccer Club.

Mon-Thu | June 6-June 9 | 9 a.m.-noon | Truman Middle  
\$129 | Register by June 1



## Coed Ultimate Frisbee Clinic: Grades 6-8

Ultimate is a fast paced sport played on a field similar to football or soccer. Teammates work together to pass the disc and advance it into the other team's endzone. Ultimate is noncontact, and has no referees. Players are responsible for officiating the game by a code of conduct called "Spirit of the Game." Players must learn numerous real-world skills, including: verbal communication, knowledge of complex rules, calming emotions, respecting differences, celebrating opponents' successes, overcoming failure, prioritizing respect, fair play, and sportsmanship. Participants will receive a t-shirt and disc. Led by Lindbergh teacher and LHS Ultimate club head coach, Kristina Kohl.

Wednesdays | June 22-July 27 | 3:15-4:45 p.m.  
\$69 | Register by June 12 | Truman Middle

## Flyers Soccer Club Kickaround/Tryout: U8-U12

Our Flyers Soccer Club is growing and looking to add teams and players. Teams will compete in local select leagues and tournaments throughout the year. If you are a coach wanting to place your team in our club or if your student is interested in joining, email Curt Riek at [curtisriek@lindberghschools.ws](mailto:curtisriek@lindberghschools.ws) for more information.

Sun afternoon | June 12 | Times TBD | Truman Middle  
Free | Register by June 5



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## Next Step Golf Academy Clinics: Ages 5-12

Hit the links and learn the game of a lifetime. Develop the foundation for a good golf swing, plus a focus on putting and chipping. Personal golf clubs not required, but suggested. Offered in partnership with Tapawingo Golf and led by golf pro Dave Reinhardt.

**Golf is held at Tapawingo National Gold Club  
3001 Gary Player Dr, St. Louis, MO 63127**

Ages 5-8 | Wed | May 18-June 15 | 5:45-7 p.m.  
\$144 | Register by May 8, space is limited!

Ages 5-8 | Fri | July 15-Aug 12 | 9:30-10:45 a.m.  
\$144 | Register by July 4, space is limited!

Ages 9-12 | Wed | May 18-June 15 | 7-8:15 p.m.  
\$144 | Register by May 8, space is limited!

Ages 9-12 | Fri | July 15-Aug 12 | 8-9:15 a.m.  
\$144 | Register by July 4, space is limited!

## Youth Beginner Golf: Ages 5-12

Want to learn the game of golf? Discover the aspects of driving, chipping, pitching, and putting. Weekly bucket of balls included. Offered in partnership with certified golf instructors from St. Louis Golf Lessons.

**Golf is held at Tower Tee Golf and Recreation Complex  
6727 Heege Rd, St. Louis, MO 63123**

Ages 5-8 | Mon | July 11-Aug 1 | 5:30-6:20 p.m.  
\$174 | Register by July 4, space is limited!

Ages 9-12 | Mon | July 11-Aug 1 | 6:30-7:30 p.m.  
\$174 | Register by July 4, space is limited!

## Junior & Adult Beginner Golf: Ages 13+

Fore! Want to learn the game of golf? Discover a wide-range of aspects of the game, such as: driving, chipping, pitching, and putting. Weekly bucket of balls included.

Offered in partnership with certified golf instructors from St. Louis Golf Lessons.

**Golf is held at Tower Tee Golf and Recreation Complex  
6727 Heege Rd, St. Louis, MO 63123**

Mon | July 11-Aug 1 | 7:30-8:20 p.m.  
\$174 | Register by July 4, space is limited!

## Parent/Child Mini Golf League: Ages 6+

Feel the pressure of being on the green with every shot! Each team must have two members with one member at least age 18 or over. Divisions will be split up by youth ages and is dependent on the number of registrations.

**Mini Golf is held at Desert Falls Mini Golf Course  
11801 Tesson Ferry Rd, St. Louis, MO 63128**

Wed | June 1-29 | Arrive by 6 p.m.  
\$59 per team of 2 | Register by May 20



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# Lindbergh Schools

Community Ed and Rec



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